



COMPARISON OF LEADERSHIP BEHAVIOUR AMONG PLAYERS OF INDIVIDUAL AND TEAM SPORTS

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Abstract

Now-a-days sports are dominated by new breed of coaches who are generally interested to combine physical talent with behavioural pattern of the player. In the present study an attempt has been made to compare leadership behavior among sportsman of different discipline i.e. Individual and Team sports.

The study was confined to participants of team sports and individual sports. 100 male who has represented University in selected sports namely-Football, Basketball, Hockey, Track & Field, Shooting & Swimming were selected as a subject for this study. The age of the subject ranged from 18 to 25 years. A Likert type Questionnaire prepared by Prof. L.I. Bhushan consisting 30 Items measures authoritarian & democratic leadership was employed for this study, the questionnaire was delivered to the participants of selected games at the time of Interuniversity competition of selected sports. The data was analyzed using t-ratio and the level of significance chosen was 0.05. It was concluded that there was no significant difference in the leadership behaviour among players of Individual and Team sports.

Keywords: Leadership, Behavior, Individual, Team and Sports.

Introduction

Coach demand best possible performance not optimum from sportsmen and best possible performance depends upon various physical, physiological, psychological and sociological parameters. Today performance in sports does not only depend upon systematic training

to develop physical, physiological variable and technical aspects of sports but also demand training & consideration of affective domain for success in this field.

Leadership studies have been a central theme in social psychological areas since its beginning & appear in numerous applied areas. Years ago much research was conducted to identify the universal characteristics of successful leaders. If such characteristics could be determined, the identification of potential leaders would be greatly simplified. Many outstanding leaders were analyzed to determine the qualities instrumental to their success. A consequence of these studies, and extensive list of desirable attributes of personality & character was compiled. In fact, the number of such qualities is almost endless. At field coach and players constitute a team and work jointly to achieve a target so behavioural pattern of both must match for fruitful results. For this particular study male players belonging to team and individual sports were considered. Team sports are those in which combine fitness, skill capacity, tactics, knowledge etc. are required to achieve a set goal. Individual sports are those sports where an athlete competes alone with own physical and technical capacity to get target or to win.

Material & Method

The study has been conducted on hundred male players who have represented University in selected sports i.e. individual sports & team



sports. The subjects belonged to different categories of sports such as individual sports (Track & Field, Shooting & Swimming) & team sports (Football, Basketball and Hockey). The age of the subjects ranged from 18 to 25 years. Likert type questionnaire prepared by L.I. Bhusan (Head/Prof. Department of Psychology, Bhagalpur University, Bhagalpur) consisting 30 items measures autocratic & democratic aspects of behaviour was employed for this study. Out of 30 items in the questionnaire fifteen were reflecting towards autocratic behaviour & remaining fifteen towards democratic behaviour. Data were collected through questionnaire at the time of organisation of Inter University competition. Data was analyzed using t-ratio & the level of significance chosen was 0.05.

Results & Discussion

Since, the calculated value was less than the tabulated value it indicated that there were no significant differences in leadership behavior among players of individual & team sports. To find out the comparison among players of individual & team sports, t-test was employed which have been presented in Table-I.

TABLE-I
SIGNIFICANCE OF DIFFERENCE OF LEADERSHIP
BEHAVIOR AMONG PLAYERS OF INDIVIDUAL & TEAM
SPORTS

Sports Category	Mean	DM	σ DM	t-ratio
Individual	98.2	1.30	2.40	0.54
Team	96.9			

Significant at .05 level $t_{(0.05)} = 1.98$

Table -I indicated that calculated 't' value (0.54) is less than the tabulated value of t i.e. 1.98 so there is insignificant difference among players of Individual Sports and Team sports

in relation to leadership behaviour. Graphical representation of leadership behaviour among players of individual sports & team sports are presented in figure 1

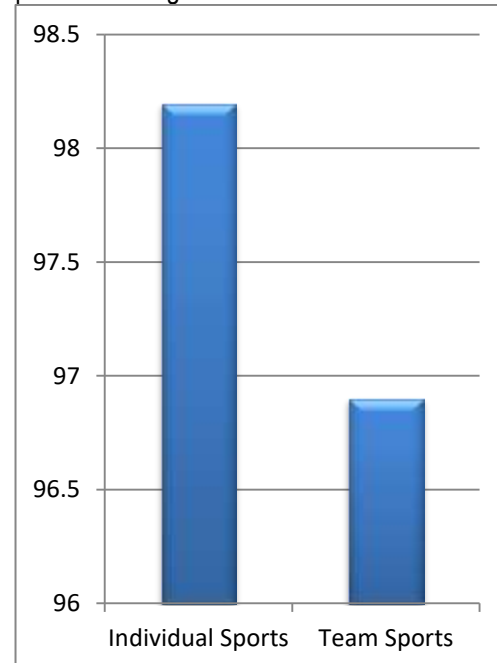


Figure1- Leadership Behavior Among Players of Individual Sports & Team Sports.

Conclusion

On the basis of the results it can be concluded that there was no significant difference in the leadership behavior among players of individual sports & team sports. The insignificant difference may be because of similar age & maturity level of players. It might be because of behaviour of their coaches, as behavior of coach directly reflects the players, doesn't matter whether they belongs from individual sports or team sports.



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